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Subject: 2022 Roster Preparation Instructions, Roster Forms and Age/Grade Waiver Forms

Date: Tue, Aug 2, 2022 11:15 am

Attachments: Weights and Ages Chart 2022.pdf (116K), 2022 Age Waiver Form.doc (40K), 2022 NJSYFL Team Roster Form A-F.xlsx (89K)

League Reps,

In preparation for the 2022 season, please review the following instructions. Note that all players registered and rostered for your respective programs must be residents of your community, OR, must be residents of programs that are 2022 members of the NJ-SYFL, with advance league board permission. Players that are not residents of 2022 NJ-SYFL programs are not permitted to participate. Violations of this requirement will result in disciplinary action and potential game forfeitures.

1. The Roster form that should be used for the 2022 Season is attached above. PLEASE USE THIS FORM (attached to this email). This form is also available on the NJ-SYFL website (www.njsyfl.com), under "Downloads", "Forms for Coaches".

- Please prepare a separate roster form for each of your teams, A-F levels. Ensure that when you begin to prepare a roster for your "A" level team, that you select the "A" level tab in the file to use for that team/level only, and so forth. For 2022, each tab, (A-F), is programmed specifically for each level.
- Indicate the "Community", "Coach" & "Asst. Coach" Names and Cell #s, at the top of the first page of each roster.
- In the main body of the form, provide Uniform #, Player Name, DOB and Grade for each player, **in jersey number Order.**
- All other columns to the right of "Grade" should be left blank prior to weigh-ins on 9/11/22, except the "Safe Football Trained" columns, please fill them in with y/n, date and PSC initials prior to 9/12/22.
- All weights will be collected and recorded on the form at the 9/11/22 Game Day Weigh-In.
- This form is in MS-Excel format so that team and player information may be typed in, saved and printed.
- All completed rosters, **post opening day, will be submitted to the League Central Office on 9/12/22 by the opposing league rep, to billhonora@aol.com.**

2. Please review all the birth dates of your players, prior to submitting rosters on 9/11/22.

- Any player DOB that exceeds the age maximum for their team/level, must be identified on an Age Waiver form
- Age Waiver forms must then be presented and approved by a league rep vote on 9/8/22, if not already on 8/4/22.
- Players that exceed the age limit for their level, that are not identified on an Age Waiver form by their league rep by 9/8/22, will be required to play "up" at the next level for the season.
- Players that can not play up, **may** be restricted from playing at all, if they are already playing at "A" level.
- Age limits by level are listed in the Online Rule Book Appendix C, and are attached below.
- The Age Waiver form is attached above.

3. Opening Day Weigh-In Procedures:

- Rosters will be presented by the respective coach, which will be used to record the official Opening Day player weights (9/11/22).
- Weights shall be recorded on the forms and signed by the league reps/coaches prior to each game, this first week, for all levels.
- The opposing league rep or coach shall collect and deliver all opposing rosters to the League Central office via scanned PDF file emailed to billhonora@aol.com. On Opening Day...all rosters are to be "**cell-phone photoed**", by both coaches following each weigh-in and prior to the start of their respective game.
- Signed rosters are due in the League Central office on Monday 9/12/22, they'll then be loaded to the NJSYFL website.
- All Rosters will then be available to all league reps for their review for the remainder of the season via the website.

4. Weigh-In Requirements:

- All players that wish to be qualified as eligible ball handlers at A-F levels, for the season, must be weighed on 9/11.
- Players that do not "make ERB weight" on 9/11, will not be qualified as eligible ball handlers for the entire 2021 season.
- Qualified Ball Handlers must "make ERB weight" each week for the remainder of the season.
- Ball Handler max weights for the 2022 season are listed below and in the Online Rule Book Appendix D.

Again, Email signed rosters, with 9/11 weigh-in weights, on 9/12/22 to the League Central Office at billhonora@aol.com:

Bill Harvey
League Secretary
908-230-4808

Appendix C Age/Grade Qualification Chart

Level	Max Grade	Max Age (as of Sept. 1)
A	8	14 yrs 6 months
B	7	13 yrs 6 months
C	6	12 yrs 6 months
D	5	11 yrs 6 months
E	4	10 yrs 6 months
F	3 & 2	9 yrs 6 months

Appendix D Eligible Ball Handler Weight Chart

Level	Maximum Weight (lbs)
A	160.9
B	135.9
C	120.9
D	105.9
E	95.9
F	90.9