

From: Bill Harvey <billhonora@aol.com>
To: billhonora <billhonora@aol.com>
Subject: 2016 Roster Preparation Instructions
Date: Mon, Jul 25, 2016 2:43 pm
Attachments: 2015 Roster-Waiver Forms.doc (183K)

League Reps,

1. The Roster form that should be used for the 2016 Season is attached above.

PLEASE USE THIS FORM (attached to this email)

- Please prepare a roster form for each of your teams, A-E levels.
- Indicate the Community, Division (A-E), Year (2016), Coach Name and Cell # at the top of each roster.
- In the main body of the form, provide Uniform #, Player Name, DOB and Grade for each player.
- All other columns to the right of "Grade" should be left blank prior to weigh-ins on 9/11/16, except the "Safe Football Trained" columns, please fill them in with y/n, date and PSC initials prior to 9/11/16.
- All weights will be collected and recorded on the form at the 9/11/16 Game Day Weigh-In.
- This form is in MS-Word format so that team and player information may be typed in, saved and printed.
- The blank form may also be printed and filled out manually prior to Opening Day (9/11/16).

2. Please review all the birth dates on your team's rosters prior to the 8/29/16 League Rep Meeting.

- Any player that exceeds the age maximum for their team/level, must be identified on an Age Waiver form
- Age Waiver forms must then be presented and approved by a league rep vote on 8/29/16 or 9/8/16.
- Players that exceed the age limit for their level, that are not identified on an Age Waiver form by their league rep on 8/29/16 or 9/8/16, will be required to play "up" at the next level for the season.
- Players that can not play up, may be restricted from playing at all, if they are already playing at "A" level.
- Age limits by level are listed in the Online Rule Book Appendix C, and are attached below.
- The Age Waiver form is attached above

3. Opening Day Weigh-In Procedures:

- Two (2) copies of each team's roster form are required to be presented at the scale prior to the 9/11/16 weigh-ins.
- One copy will be presented to the opposing coach, the other kept by the respective league rep after weights are recorded.
- Weights shall be recorded on both sets of forms and signed by the league reps/coaches prior to each game, this first week, for all levels.
- One copy of each teams signed roster form shall be collected by the League Rep and delivered to the League Central office.
- Signed rosters are due in the League Central office on Monday 9/12/16, they'll then be loaded to the NJSYFL website.
- All Rosters will then be available to all league reps for their review for the remainder of the season via the website.

4. Weigh-In Requirements:

- All players will be weighed on 9/11/16 for the B, C & D level teams to determine ERBs and 3-Stripe Waivers.
- All players that wish to be qualified as eligible ball handlers at A-E levels, for the season, must be weighed on 9/11/16.
- Players that do not "make weight" on 9/11/16, will not be qualified as eligible ball handlers for the entire 2016 season.
- Qualified Ball Handlers must "make weight" each week for the remainder of the season.
- Ball Handler max weights for the 2016 season are listed below and in the Online Rule Book Appendix D.
- The 3-Stripe waiver weights for B, C and D level are listed below and in the Online Rule Book Appendix B.

Bill Harvey
League Secretary
908-230-4808

Email signed rosters, with 9/11 weigh-in weights, on 9/12/16 to the League Central Office at billhonora@aol.com

or mail/hand deliver to:

Bill Harvey
27 Yarmouth Drive
New Providence, NJ 07974

Appendix C Age/Grade Qualification Chart

Level	Maximum Grade	Maximum Age (as of Sept. 1)
<i>A</i>	8	<i>14 yrs 6 months</i>
<i>B</i>	7	<i>13 yrs 6 months</i>
<i>C</i>	6	<i>12 yrs 6 months</i>
<i>D</i>	5	<i>11 yrs 6 months</i>
<i>E</i>	4	<i>10 yrs 6 months</i>

Appendix D Eligible Ball Handler Weight Chart

Level	Maximum Weight (lbs)
<i>A</i>	160
<i>B</i>	130
<i>C</i>	115
<i>D</i>	100
<i>E</i>	90

Appendix B Waiver Weight Level Chart

Beginning in 2009 the "B" and "C" level Coefficient Waiver calculation has been replaced with a flat

weight level coefficient assignment. In 2011 the "D" Level became a competitive level as well with a flat weight level coefficient assignment.

-Participants at the "B" level that weigh **156.0 lbs.** or higher on opening day, will wear three stripes of helmet tape and be considered Coefficient Waivers for the season.

-Participants at the "C" level that weigh **136.0 lbs.** or higher on opening day, will wear three stripes of helmet tape and be considered Coefficient Waivers for the season.

-Participants at the "D" level that weigh **120.0 lbs.** or higher on opening day, will wear three stripes of helmet tape and be considered Coefficient Waivers for the season.